

The Outreach Centre:

What is the Outreach Centre?

CAWOS began in 1984 as an agency devoted to supporting women affected by family violence. This continues as a special emphasis in programming, public service and public education. Today we have expanded our programming to help all individuals meet their personal goals and find solutions to the barriers they face.

Mission: Working to end family violence and poverty by supporting people in their pursuit of a safer, healthier more secure life.

Mandate: Help people address domestic abuse and overcome the effects of poverty through the development of effective partnership, relationship, education and programs.

Our model is to provide families with a variety of formats in which to learn more effective coping skills and options for making positive choices in their lives and the lives of their families.

If you have any questions or concerns please contact The Outreach Centre at 403-347-2480.

Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has.

Margaret Mead

Even the smallest piece of the puzzle is needed to complete the picture.

The Women's Outreach would like to acknowledge and thank all our funders who help to financially support our programs and services to help us strengthen the lives of families in Central Alberta.

The Women's Outreach is funded in part by:

Alberta Health Services

Alberta Law Foundation

Central Alberta Child and Family Services

Family and Community Support Services

Private/Anonymous Donors

Justice and Solicitor General

Canadian Women's Foundation

United Way of Central Alberta

Alberta Human Services

The City of Red Deer

Service Canada

Hours of Operation

Monday thru Friday

8:15 - 4:15

(Open through lunch hour)

You can find us at:

4101-54 Avenue
Red Deer, Alberta, T4N 7G3

Contact us at:

Phone: (403) 347-2480
Toll Free at : 1 (866) 347-2480
e-mail at: outreach@womensoutreach.ca
On the Web at: www.womensoutreach.ca

The Outreach Centre Services



If you want to go somewhere fast, go alone

If you want to go far, go together

~african proverb~



Legal Information & Referral

This program provides legal information and Referrals to individuals as they navigate through the legal and judicial system. Our staff will assist clients to identify legal issues and prioritize legal needs.

Our goal is to support individuals and assist them with their understanding of the legal process by:

- Providing information; educational materials; referrals and advocacy;
- supporting individuals as they understand the nature of their legal issues and understand judicial process and procedure;
- provide court preparation and accompaniment; and
- educate community agency frontline service providers regarding legal issues faced by their clients.

Facility Rentals

The Outreach Centre offers two separate rooms for meetings and training sessions that are available for rental. Designed for large or small groups each room can be arranged to meet your needs.

For more information and to check the availability of these rooms please contact Melody at the Outreach Centre at (403)347-2480

REMEMBER
HOPE?

We Do Too.

Adopt a Family

The Adopt-a-Family program focusses on making sure no family goes without assistance and support at Christmas. Through generous donations, corporate and individual sponsors in our community work with The Outreach Centre to help provide Christmas for out participating families.

During the month of October, The Outreach Centre begins connecting with previous and potential sponsors to complete and application form. Applications will include the size of family that the sponsor wishes to adopt.

Our participating families wishing to be adopted will begin to apply in November, at which time they will be matched with their sponsor. Families applying to be adopted will supply a list of gift ideas/suggestions for sponsors to use for shopping.

Please note that our Adopt-a-Family program is completely anonymous to respect confidentiality of all parties.

REMEMBER
SAFETY?

We Do Too.

R-Own Food Co-op

R-Own Food Co-op is a member driven food co-op enabling members to purchase basic food necessities at a reduced cost. With the buying power of the co-op we are able to keep the costs at a below retail cost, giving everyone the opportunity to benefit from bulk buying. Anyone is able to sign up for the food co-op.

REMEMBER
FAITH?

We Do Too.

Tools for School

The Outreach Centre and United Way of Central Alberta present Tools For School, a program to collect and distribute school supplies for families across Central Alberta, who have children in Kindergarten to Grade 12 who otherwise could not afford their own materials.

Last year we gave out just over 1200 backpacks filled with basic school supplies for kids going to school. This program relies fully on donations of supplies and money to make sure that these children have everything that they need to succeed in school.

Landlord & Tenant Forms

Landlord & Tenant Forms are now available to purchase at the Outreach Centre.

Proceeds from these forms go to supporting the 16 different programs and services that are offered through the Outreach Centre. For a detailed listing of the forms available, go to our Website or contact us at (403)347-2480.

For infomation about the Landlord and Tenant act please contact 1-877-427-4088